The Neurodiversity Service

INFORMATION FOR FAMILIES

This has been given to you by a school, therapist or another professional so that you have accurate information to hand. It isn't a referral or a recommendation, and what you do next is your decision.

Wondering about an autism or ADHD assessment?

There's more than one route, and the right one depends on your circumstances. This page sets out the options, including when the NHS route may be the better one.

Your local NHS pathway

Free, and the right route for many families. Referral usually comes through your GP or school; waiting times vary between areas.

Right to Choose

In England, your GP can refer you to an NHS-approved independent provider. Your local ICB website lists the approved providers. Each provider's website shows the ages they assess and their waiting times.

An independent assessment

You arrange and pay for it yourselves, and book directly with no GP letter. Waiting times are often shorter, but they vary between providers.

We're a small team of neuroaffirmative clinicians who enjoy helping people understand themselves. Our assessments are done with people, not to them, and our reports describe each person's strengths as well as the challenges they live with.

About us

- ✓ An independent practice with our own clinic in Stafford, Dunston; in person across the Midlands, Manchester and London, or online
- ✓ Children aged 4 to 18 (6 to 18 for ADHD), and adults
- ✓ A multidisciplinary team; every assessment is considered at a clinical panel chaired by a Clinical Psychologist, who holds diagnostic responsibility
- ✓ Assessments informed by the NICE guidelines; every clinician registered with the HCPC

What you get

- ✓ First appointment usually within 1 to 2 weeks; outcome and report typically within around 8 weeks of booking
- ✓ A written report explaining the outcome and the reasoning behind it
- ✓ A one-hour support session after the outcome, whatever it is
- ✓ Until 31 December 2026, autism assessments also include six 1:1 support sessions. Terms apply.

Prices

Child autism £2,500 | **Adult autism £1,950** | **Child ADHD £1,450** | **Adult ADHD £1,250**

Cognitive £950 | **Combined autism and ADHD (two assessments together): child £2,950, adult £2,400**

Initial Support from £150

No extra charges. Pay in 3, 6, 9 or 12 monthly instalments at 0% interest through humm, subject to approval. Finance provided by humm. Subject to status. UK residents 18+.

If you'd like to talk things through before deciding anything, we offer a free call for questions, or Initial Support: a single conversation with a clinician, with no commitment to an assessment.

If you already have a diagnosis, our post-diagnostic support can be booked on its own, wherever you were assessed: six 1:1 sessions £800, group programme £600, single sessions £150.

Guides you might find helpful

Written by our clinicians: After-school restraint collapse · Emotionally based school avoidance (EBSA) · What happens in a child autism assessment? · Will schools and the NHS accept a private diagnosis? **theneurodiversityservice.co.uk/guides**

theneurodiversityservice.co.uk
020 4538 3482 · info@theneurodiversityservice.co.uk · Monday to Friday 9am to 5pm, Saturday 9am to 1pm
Scan the code on the right for our guides: theneurodiversityservice.co.uk/guides

The Neurodiversity Service is an independent practice and not an NHS or Right to Choose provider. We provide assessment and support rather than medical treatment, and we do not prescribe. We never pay fees or offer incentives to any professional who shares our information. Why we are not CQC-registered: theneurodiversityservice.co.uk/why-not-cqc. Prices correct at November 2026.